

Mary Nelson

Coaching Profile



Mary Nelson
Hogan Coaching Network

Background

Mary helps senior-level executives and next generation talent become better leaders. She combines her experience in management and psychology to help leaders make positive, sustainable changes in performance.

With more than 20 years of experience working as a leader for major corporations, including Kraft, Inc. and S.C. Johnson, Mary knows the challenges business owners and leaders face and the impact good leadership can have on a business' bottom line. As the owner and operator of her family's manufacturing company, she saw firsthand what it takes to lead a company, develop employees and maintain connection with family.

Mary's commitment to this work comes from a belief that good leadership makes a positive difference in people's lives and in bottom-line results. By inviting her clients into this process, she allows them to discover what makes them successful and what can get in the way of their full potential. She partners with clients to help them leverage their abilities and develop new skills to fuel sustainable growth.

Executive Coaching

Team Development

Family Business Consulting

Executive Assessment

Professional Experience

Owner, ARC Leadership Associates, LLC

Adjunct Staff, Loyola Family Business Center

Director of Marketing in Latin America and US; Director of Diversity, S.C. Johnson & Son

Various line management roles, Kraft, Inc. and Mobil Chemical Company

Owner and Board Member, DexM Inc.

Member, Board of Directors, My Brands, Inc.

Education

MA, Counseling Psychology – Northwestern University

MBA – University of Chicago Graduate School of Business

BA – Economics, Northwestern University

Licensed Clinical Professional Counselor (LCPC)

Professional Associations

International Coaching Federation

Board Officer, Astral Artists

Client Experience

consumer packaged goods, financial services, health care, large scale manufacturing, professional services, non-profit and academic organizations, specialty in family business leadership development